

what difference does a **FEW PENNIES MAKE?**

A picture of what incremental healthy foods become accessible at different federal school lunch reimbursement rate levels

www.revolutionfoods.com



AN INCREASE OF \$0.05 COULD PROVIDE:

- 1/8 cup of braised collard greens
- 1/4 cup of brown rice
- 1/8 cup of butternut squash
- 1/4 cup of zucchini



AN INCREASE OF \$0.10 COULD PROVIDE:

- 1/4 cup of broccoli
- 1/4 cup of fresh cut carrots
- 1/4 cup of fresh cut celery



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FOODS**



AN INCREASE OF \$0.15 COULD PROVIDE:

- An extra whole piece of fruit (apple, orange or banana).
- 1 oz portion of romaine lettuce (no dressing)



AN INCREASE OF \$0.20 COULD PROVIDE:

- 1/4 cup of freshly cut melon- This portion would be minuscule for the kids...
- A whole piece of stone fruit (i.e. peach, plum, nectarine) in season
- 1/4 Cup of Cut Pineapple
- 1 fresh whole wheat Dinner Roll
- 1 oz of hormone and antibiotic free lean chicken, turkey or beef

