



What DISCO SOUP needs!

Let us know if you can **contribute directly** or if you **anyone who could help us!**

Unsold food

Fruit and vegetables that are poorly calibrated according to current qualitative categories; that have been damaged during transportation; that have not been harvested due to a lack of help in the field during major harvesting periods; that do not correspond to the demands of specific clients, such as restaurants and hotels.

We need to find suppliers that give us this unsold food for free, and these could be:

- **supermarkets,**
- **wholesalers**
- **open air marketplaces**
- **farmers**

Various items

We need to borrow or, better yet, get for free the following items:

- **Working tables** (comfortable height, +/- 90cm)
- **Cutting Boards**
- **Cloths** to wet and put under your cutting boards
- **Knives** (mostly small, but a few big ones are good to have on hand as well)
- **Peelers**
- **Kitchen towels**
- **Buckets** for washing the veggies (you can also use crates with (inlay)bags put inside of them)
- **Access to water** (make sure there's a way to get water to where you need it, either with buckets or with a garden hose)
- **Vinegar** (good to add a few drops to the washing water to help keep the veggies fresh)
- **Nail brushes / Steel brushes** to wash veggies
- **Strainers / Salad Spinners**
- **Crates** for storing, possibly with plastic inlay-bags in them

- A **kart** to transport veggies that have been cut
- **Bins for trash** (both for plastics and compost)
- **Stoves** (one or two big ones, or multiple smaller ones. Electric ones are easy but can be unreliable. For gas burners you also need gas tanks)
- **Pots and pans** (make sure they fit on the stove, some big stoves don't fit a lot of regular size pans. Also, check that the material is good for electric stoves, if you're using those)
- **Ladles** (to stir and serve)
- **Disposables or reusable materials to serve the food** (bowls and plates, spoons and forks)
- **Tables** for everyone (or partially) to sit at and eat
- **Hygiene pack:** Paper towels, hand soap, hand towels, dishwashing soap, band aids, gloves, hairnets
- **Handicraft pack:** Markers, paper, tape (thick), rope
- **Special shirts** to make Disco Soup team recognizable
- Some **sugary snacks** for volunteers
- **Ponchos** for everyone coming

Volunteers

We need a lot of helping hands that will help us perform those tasks:

- **Drive** and pick up the vegetables,
- **Wash and cut** vegetables
- **Dish wash**
- Help **setting up** beforehand
- Help **cleaning up** afterwards
- Help **promoting** the event (before, during and after it) – photographers and film makers included
- **Dance!**

We also need one or more **chefs** that will cook the soup/salad (and also make some snacks/food for attendees in the meanwhile)

Contacts

Feel free to contact us at the following addresses:

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THANK YOU!

